

PULL-OUT SAFETY POSTERS

Occupational Safety The Safety Standard **Safety Poster**

TYPES OF FALL PROTECTION

If you are at risk for falling 3 metres or more, you should use the appropriate fall protection system when working at heights.

Guardrails should be installed at the edges of construction sites, roofs and scaffolding whenever possible.

Fall restraint systems, such as work positioning devices that prevent workers from travelling to the edge of the building or structure, must be provided if the use of guardrails isn't practicable.

Personal fall arrest systems, which include full body safety harnesses, lanyards and anchor points, are widely used. To be effective, they must be fitted properly to each worker.

Safety netting can be used effectively in the construction of industrial framed buildings. Trained personnel are required to install, dismantle and inspect the netting.

Source: Canadian Centre for Occupational Health and Safety

SELECTION OF EQUIPMENT CRITICAL TO WORKPLACE FALL PROTECTION

Workplace falls from heights are among the most common causes of serious work-related injuries. The new CSA Z259.17 Selection and Use of Active Fall-Protection Equipment and Systems serves as a guide to help ensure that the right fall protection equipment is selected, taking into consideration type of work, frequency of access, and knowledge of workers.

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